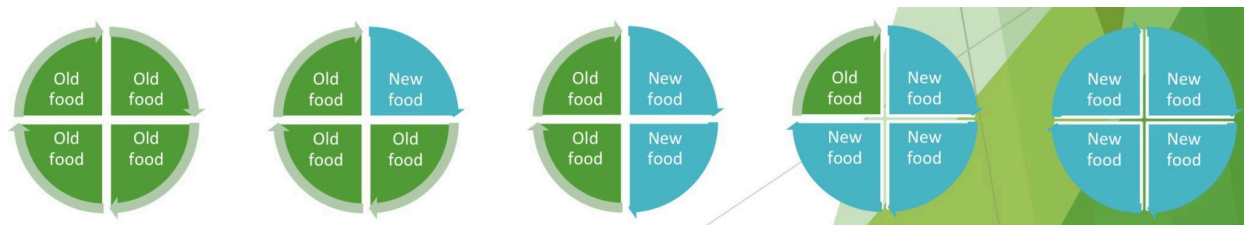


Elimination Diet Trial

Overview

The **only** scientifically verified means of diagnosing food allergy or intolerance is an elimination diet trial. This involves feeding a restricted diet as a test for **6-8 weeks for skin or 2-4 weeks for gastrointestinal issues**. A novel carbohydrate and protein source is selected for your pet on the basis of the history you provide us, and used for a limited period of time. During this period it is **ESSENTIAL** that your pet receives **ONLY the specified diet, water and NOTHING ELSE**.

Dogs and cats can be encouraged to adopt a new food by gradual introduction over 3-7 days, with the advantage of fewer gastrointestinal upsets.










Forbidden foods:

1. **NO Treats and Chews**
2. **NO Scraps and Tidbits**
3. **NO Supplements (Powders, capsules, etc)**
4. **NO Tea, milk or coffee**
5. **NO biscuits or treats**
6. **NO flavourings or gravy**
7. **NO Scavenging**

Please ensure that all members of your family and your pet's contact circle are on board with this regimen, as one person feeding tidbits regularly could lead to lifelong unnecessary medication. In contrast, if a trial is performed correctly, this may confirm the need only for a specific diet, and remove the requirement for long term drugs.

Feeding Regimen

- The Adult weight of your pet is estimated at X kg
- The elimination diet selected for your pet is Purina HA Dry Food, Royal Canin Hypoallergenic or Royal Canin Anallergenic
- You should feed X g a day in divided meals for HA, please check pack feeding guide for Royal Canin foods

ADULT BODY WEIGHT (kg)	ADULT		PUPPY GROWTH - AGE IN MONTHS			
			4	6	9	12
 kg	 g/24h	 g/24h	 g/24h	 g/24h	 g/24h	 g/24h
2,5 kg	70g	1/3+35g	95g	95g	85g	75g
5 kg	110g	1/2+60g	145g	150g	135g	120g
10 kg	175g	1+75g	215g	230g	200g	195g
15 kg	230g	1+130g	280g	300g	265g	250g
25 kg	325g	1+225g	360g	455g	415g	360g
35 kg	410g	1+310g	420g	485g	560g	455g
45 kg	485g	1+385g	440g	495g	585g	500g
70 kg	650g	2+450g	580g	705g	840g	700g

Acceptable treats for tablet administration and training of Dogs

Peanut butter (without any artificial sweeteners -**specifically no Xylitol**- as this is toxic to dogs)

E.g. Whole Earth Crunchy Peanut Butter